

CREARTH Creative Arts Coaching Workshops: Guiding Principles, Policy Statement & What to Expect (for download only)

Creative Arts Therapy & Integrative Care (CREARTH) | Creative Arts Coaching | crearthcare.com

Read this document carefully!

Sign the CREARTH Creative Arts Coaching Workshops Guiding Principles & Policy Statement only if you believe you understand what it means. Your signature indicates that you have read this document, agree to its guiding principles, policies, and conditions and agree to following, adhering to, and upholding the guiding principles and conditions during all individual and/or group and/or workshop sessions in which you may participate. You will be given a copy of this document, after signing it, to keep for your records.

Please contact Creative Arts Therapy & Integrative Care (CREARTH) with any questions you may have.

CREARTH Creative Arts Coaching Workshops Guiding Principles:

1. Boundaries are always respected—your boundaries as well as the facilitator's;
2. Learning is a mutual experience: we learn from each other;
3. The time we share together is grounded in compassion, care, and honesty;
4. Judgments are not made;
5. Together, we create a safe space to create artwork and share;
6. Opportunities will be provided to share your journey through various arts areas (such as, music and soundscapes, journaling, expressive writing, body-mind-spirit, visual arts, language arts, movement, culinary arts, eco-arts,) with consideration to your preferred creative arts area(s);
7. Sometimes, as part of the CREARTH Creative Arts Coaching Workshops experience, you may feel encouraged to try new things—but you will never be pushed. You and your truth will always be respected. We believe in your strength and we support your self-empowerment;
8. Participating in CREARTH Creative Arts Coaching Workshop sessions can sometimes involve stepping outside of one's comfort zone. Together, we will do what we can to make the creative arts experience safe, up to and including referrals to licensed support professionals should your facilitator feel this is needed;
9. Your facilitator will not abandon you or the group, and will continue to support you throughout the time you share together in workshop sessions;
10. The CREARTH Creative Arts Coaching Workshops and sessions are creative arts experientials. They are non-clinical and are not therapy.

CREARTH Creative Arts Coaching Workshops Policy Statement:

Emergency Procedures

If you are experiencing a crisis or emergency, call 911 immediately. CREARTH does not provide crisis or emergency services.

Telephone & Email

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The phone number to contact CREARTH is +1 617-329-9553. Brief messages can be left on our voicemail. Messages will be responded to as quickly as possible, typically within two to three regular business days.

The email to contact CREARTH is crearth-creativearts@pm.me Email messages will be responded to as quickly as possible, typically within two to three regular business days.

Please do not share confidential or personal information in any communication or message you may leave (email, voicemail.)

Process & Planning

If you should have any questions or unanswered questions about any of the CREARTH Creative Arts Coaching Workshops, please ask. Our facilitators work in partnership with participants, with the focus and goals of sessions made clear in advance.

Payment

Full payment amount is due at time of support. If a scheduled coaching session is missed without a minimum of 48 hours advance notification, the full amount is due. All payments are US dollars (USD). We do not currently bill insurance companies.

Cancellations

If you need to cancel a scheduled session, please notify us at least 48 hours in advance. There will be no missed session charge when at least 48 hours advance notice has been provided. Clients will be charged the full session price for a missed or cancelled session if less than 48 hours advance notice is provided.

If you need to cancel, please let us know by email or phone.

Complaints

If you feel a need to file a complaint with CREARTH, please submit your complaint in writing by email or through the regular mail to us:

CREARTH, 675 VFW Parkway #271, Chestnut Hill, MA 02467
admin@crearthcare.com

You will never be penalized for filing a complaint.

Questions?

Please contact CREARTH with any questions you may have.

What to Expect:

Although workshops/sessions are planned with overarching themes and areas of focus, each session/workshop is a stand-alone arts experiential and exploration. Many sessions are intermodal, which means they may move among two or more arts areas, for example, music, writing, and poetry or visual arts, literature, and music during the session. The workshops/sessions are each approximately 60-90 minutes long.

We'll begin each session with a quick check-in to see how we're doing followed by a brief segue experiential to set the arts focus for the session. Next comes the main focus and art making, usually with a prompt for inspiration. Time is given to explore the medium and create---then share. We close with a short arts experiential honoring the space, the art, the sharing, and each other.